

Funded by Beef Farmers & Ranchers

Virtual Veal Farm Tour & Recipe Competition

Sponsored by New York Beef Council & North American Meat Institute

NYBC and NAMI are pleased to offer the opportunity for collegiate culinary programs to participate in a "virtual" veal learning experience.

<u>What:</u> This "at-school" competition will allow culinary students to learn about veal production on the farm and experiment with veal in the kitchen. The competition also includes a chance to win scholarship money and the possibility of your school's recipes highlighted on Veal Made Easy national platforms! Students may work in teams of 2, 3 or 4 members, to develop creative and new veal recipes designed for <u>at-home consumer</u> <u>audience- 4 servings.</u> (See Contest Criteria for more information)

Timeline:

Veal Farming 101:

New York Beef Council has worked with a local veal producer to develop a video which will walk students through the process of veal production. Each student participating in the competition will be asked to watch the video and complete a short post survey to assess veal knowledge learned. Post surveys for each student must be included with your school's final competition submission.

Recipe Development Competition:

All recipe submissions will be developed on students' home campuses and submitted to NYBC via Dropbox/email. All competition submissions at due November 15th by NOON, no exceptions.

Contest Criteria:

Recipe Requirements:

- o Recipe must utilize ground veal or veal cutlets
- Total cost of recipe ingredients cannot exceed \$35.00.
- Recipes should be designed to make 4 servings.
- Recipe cooking methods should be easily replicated in a conventional home kitchen.
- Recipe ingredients should be commonly found and available at major retail chains.
- o Recipe does not need to include side dishes. Beauty Plate photo must have side dishes.

Visit the consumer recipe section of Veal Made Easy for examples

https://vealmadeeasy.com/recipes/



Funded by Beef Farmers & Ranchers

Submission Requirements:

- Each submission should include school name, names of student team members and name of supervising instructor(s).
- Each team will be asked to submit a veal recipe including detailed ingredient list and cooking instructions as well as optional side dish accompaniments.
- Each recipe submission should include 3-5 high resolution photos of the complete plated recipe, ingredients, and one (1) Beauty plate photo submission with props and supporting sides- (visit Veal Made Easy consumer recipe section for examples)
- A "pans and hands" / "tasty" style video between 30 seconds and 2 minutes should also be included in each submission. This may be a great opportunity to work across departments! An example Tasty Style Recipe Video is available here:
 https://vealmadeeasy.com/recipes/sloppy-joe-stuffed-biscuits/ (we are not looking for cooking demo videos)

<u>Recipe Evaluation</u>: Recipes and accompanying marketing material will be evaluated by a panel of judges composed of veal industry representatives, culinarians, and consumers. Both the recipe and submission materials will be evaluated. The following rubric will be utilized.

Recipe	1 Star Poor	2 Stars	3 Stars	4 Stars	5 Stars Excellent
Creativity					
Versatility					
Taste					
Value					
Ease of					
Execution					
Submission	1 Star	2 Stars	3 Stars	4 Stars	5 Stars
Materials	Poor				Excellent
Completeness					
of Submission					
Quality of					
Photos					
Quality of					
video					
Creativity					

One award winning recipe will be announced by December 13th. Each member of the winning team will receive a \$500 scholarship and the opportunity to have their recipe highlighted on Veal Made Easy national social media accounts and website pending USDA approval.

Questions: Contact Katherine Brosnan at NYBC, kbrosnan@nybeef.org or call 315-339-6922.



Funded by Beef Farmers & Ranchers

Recipe/Materials Submission Checklist:

- Submission Organized and in Order
 - Front Page
 - o **Recipe**
 - Pictures
 - Post Surveys
- Front Page requirements
 - Name of School
 - Name of Instructors and Student Chefs
 - $\circ \quad \text{Name of Recipe} \\$
- Recipe Page Requirements: must be consumer based
 - o Recipe Name
 - Number of Servings / Time to Prep and Cook (total time)
 - o Recipe ingredients and measurements
 - Recipe Cooking Instructions
 - Recipe Cost out per serving / total cost of recipe
- Picture Requirements
 - Picture of Team (students and instructor0
 - Pictures (2-3) of main entrée only
 - Pictures (1-2) of all ingredients involved in preparation
 - Pictures (2-3) of beauty plate with sides/props
- Video Requirements
 - 30 second 2 min (max)
 - Hands and Pans / Tasty style only ask if not sure!
 - Music optional -must be copyright and usable
 - Feel free to enlist another department to assist in creation
- Post Surveys
 - A copy of each team member's post survey must be submitted and signed off by instructor