

# Intern Leadership Summit Oct 4-5, 2018 Core Competencies for 2018 Participating Interns – Suggested Match

#### CRDN 1.4: Evaluate emerging research for application in nutrition and dietetics practice.

Learning Objective: The dietetic intern studies new human nutrition research and applies research to consumer-focused media interview and hands-on cooking.

Activity: Reads and understands new human nutrition research related to lean beef and heart health in hands-on cooking (Day 2).

Activity: Incorporates key scientific findings into a mock consumer-focused interview (Day 2).

# <u>CRDN 3.3: Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings.</u>

Learning Objective: The dietetic intern performs a mock interview, interacts with a cooking demonstration on a food or nutrition topic.

Activity: Participate in the media training and complete on-camera mock interview and interacts with a TV mock cooking demonstration (Day 2).

Activity: Practice writing and utilizing media talking points (Day 2).

Activity: Using knowledge gained during media training, help critically evaluate own and peers' mock interviews and mock cooking demonstration (Day 2).

## CRDN 3.8 Deliver respectful, science-based answers to client questions concerning emerging trends.

Learning Objectives: The dietetic intern performs a mock interview on a food and nutrition "hot topic." The dietetic intern tours two working beef cattle farms and processing plant.

Activity: Participate in the media training and complete hands-on healthy meal cooking (Day 2).

Activity: Participate in the beef cattle farm tour and ask food production questions (Day 1).

# CRDN 3.10 Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.

Learning Objectives: The dietetic intern interacts with a mock TV cooking demonstration on a food or nutrition topic. The dietetic intern applies dietary guidelines to hands-on cooking.

Activity: Incorporates cultural preferences, portion sizes, cost consideration, food groups' nutrition balance and flavor in a variety of recipes in hands-on cooking (Day 2).

References: ACEND Accreditation Standards (2017), Appalachian Sustainable Agriculture Project (ASAP) Addressing Dietetic Internship Competencies through Local Food and Farm to School, Missouri Dietetic Intern Media Day and Farm Tour CRDN list

#### **Optional KRDN Match**

#### Activity 1

The KRDN's that match are:

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 1.3 Apply critical thinking skills.

## Activity 2 CRDN 3.3

The KRDN that matches is

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

#### Activity 3 CRDN 3.8

The KRDN match:

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

## Activity 4 CRDN 3.10

The KRDN match:

KRDN 2.6 Demonstrate an understanding of cultural competence/sensitivity.

Much appreciation for the expert review from:

Activities completion certified by:

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