

Materials and Resources

Health Professionals

Free Material Policy

You qualify for free materials if you are a registered dietitian, physician, nurse, nurse practitioner, physician assistant, nutrition researcher or other health/nutrition professional practicing in New York State and will use these materials for educational purposes. Maximum quantity you can receive free: 1 copy of posters, tear pads and education kits. Please **specify quantity** on the lines provided. For events needing larger quantities please contact us directly.

Kits and Posters

_____	MyPyramid Poster (17507)	_____	MyPyramid for Preschoolers Poster (17510)
_____	MyPyramid for Kids Poster (17509)	_____	Family Mealtime Toolkit (17780 or download)
_____	LiveWell Toolkit (18247)	_____	MyPyramid for Moms Poster (17511)
_____	Choose Well Toolkit (17770)	_____	Meet the Power Foods Poster and CD (17773)
_____	Basics About Beef Handbook (17208)	_____	29 Lean Cuts Poster
_____	Power of Protein Poster		

Charts and Handouts:

_____	% Children Not Meeting Specific Nutrients (18240)	_____	Beef Up Your Fruits/Veggies (18260)
_____	29 Lean Cuts (18213)	_____	Fatty Acid Comparison (18216)
_____	Choose Your Calories (18213)	_____	Competitive Advantage (18223)
_____	Retail Beef Cut Chart (10503)	_____	29 Lean Cuts Wallet (18229)
_____	Protein and Exercise (18235)	_____	Get Lean with Protein (18248)
_____	What you Miss Without Meat (18261)	_____	Improved Zinc and Iron Status for Infants (18241)
_____	Beef Up Fruits and Veggies (18260)	_____	Live Well Age Vibrantly (18247)
_____	Safe and Healthy Grilling Tips (18249)	_____	Beef Up with Lean Protein (18242)

Tear Pads (100 sheets/pad):

_____	Fight Bac (17741)	_____	Beef Nutrients (18200)
_____	MyPyramid (17114)	_____	Tween Scene (18250)
_____	MyPyramid for Kids (17115)	_____	Relax, Recover, Renew (18500)
_____	Child Nutrition (18650)	_____	Eating for Two (18600)
_____	Fitness Connection (18800)	_____	Everyday Solutions (18100)

Nutrition Brochures

- | | |
|--|--------------------------------------|
| _____ Confident Cooking (07152) | _____ Plating It Safe (21036) |
| _____ Pasture to Plate | _____ Complete Take on Steak (07121) |
| _____ Youth MyPyramid Brochure (17610) | _____ PowerUp for Kids |
| _____ Nutrition Brochure Collection | _____ Lean Beef Recipe Collection |
| _____ Ground Beef Brochure | _____ Beef Outdoors on Grill (07124) |

SHIPPING ADDRESS

Name: _____

Employer: _____

Title: _____

Shipping Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

Conference/Event Attended: _____

Once you have completed this form and specified quantities please send via mail, fax or email.

Mail:

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P.O. Box 250
Westmoreland, NY 13490

Fax:

315-339-6931

Email Requests:

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Visit us on the web at www.nybeef.org